

## Wednesday Night Prayer

### INTRODUCTION

O God, come to our aid.  
*O Lord, make haste to help us.*  
Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

### Examination of Conscience

#### Hymn

Abide with me, fast falls the eventide  
The darkness deepens Lord, with me abide  
When other helpers fail and comforts flee  
Help of the helpless, oh, abide with me  
  
Swift to its close ebbs out life's little day  
Earth's joys grow dim, its glories pass away  
Change and decay in all around I see  
O Thou who changest not, abide with me  
  
Hold Thou Thy cross before my closing eyes  
Shine through the gloom and point me to the  
skies  
Heaven's morning breaks, and earth's vain  
shadows flee  
In life, in death, o Lord, abide with me  
Abide with me, abide with me

#### Psalm 4

*Lord, have mercy and hear me.*  
When I call, answer me, O God of justice;  
from anguish you released me, have  
mercy and hear me!  
  
O men, how long will your hearts be  
closed,  
will you love what is futile and seek what  
is false?  
  
It is the Lord who grants favours to those  
whom he loves;  
the Lord hears me whenever I call him.  
  
Fear him; do not sin: ponder on your bed  
and be still

Make justice your sacrifice, and trust in  
the Lord.

‘What can bring us happiness?’ many say.  
Lift up the light of your face on us, O  
Lord.

You have put into my heart a greater joy  
than they have from abundance of corn  
and new wine.

I will lie down in peace and sleep comes at  
once  
for you alone, Lord, make me dwell in  
safety.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*Lord, have mercy and hear me.*

#### Psalm 133 (134)

#### Evening prayer in the Temple

“Praise our God, all you his servants, and  
all who revere him, both great and small”  
(Rev 19:5).

*Bless the Lord through the night.*

O come, bless the Lord,  
all you who serve the Lord,  
who stand in the house of the Lord,  
in the courts of the house of our God.

Lift your hands to the holy place  
and bless the Lord through the night.

May the Lord bless you from Soon,  
he who made both heaven and earth.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*Bless the Lord through the night.*

## Short Reading

### Deuteronomy 6:4-7

Hear, O Israel: the Lord our God is one Lord; and you shall love the Lord your God with all your heart, and with all your soul, and with all your might. And these words which I command you this day shall be upon your heart; and you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

## Short Responsory

Into your hands, Lord, I commend my spirit.

– *Into your hands, Lord, I commend my spirit.*

You have redeemed us, Lord God of truth.

– *Into your hands, Lord, I commend my spirit.*

Glory be to the Father and to the Son and to the Holy Spirit.

## Canticle

### Nunc Dimittis

#### Christ is the light of the nations and the glory of Israel

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.*

At last, all-powerful Master,  
you give leave to your servant  
to go in peace, according to your promise.

For my eyes have seen your salvation  
which you have prepared for all nations,  
the light to enlighten the Gentiles  
and give glory to Israel, your people.

Glory be to the Father and to the Son  
and to the Holy Spirit,

as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.*

## Let us pray.

Visit this house, we pray you, Lord:  
drive far away from it all the snares of the  
enemy.

May your holy angels stay here and guard  
us in peace,

and let your blessing be always upon us.

Through Christ our Lord,

**Amen.**

The Lord grant us a quiet night and a perfect  
end.

**Amen.**

## Marian Anthem

Salve Regina mater miseri cordiae,  
vita, dulcedo et spes nostra salve  
Ad te clamamus, exsules filii Hevae  
Ad te suspiramus  
gementes et flentes in hac lacrimarum valle  
Eia ergo advocata nostra,  
illos tuos miseri cordes oculos  
ad nos converte  
Et Jesum  
benedictum fructum ventris tui  
nobis post hoc exsilium ostende  
O clemens, o pia, o dulcis virgo Maria