

# Thursday Night Prayer

## INTRODUCTION

O God, come to our aid.  
*O Lord, make haste to help us.*  
Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

## Examination of Conscience

### Hymn

The day Thou gavest, Lord, is ended,  
The darkness falls at Thy behest;  
To Thee our morning hymns ascended,  
Thy praise shall sanctify our rest.

We thank Thee that Thy church, unsleeping,  
While earth rolls onward into light,  
Through all the world her watch is keeping,  
And rests not now by day or night.

As o'er each continent and island  
The dawn leads on another day  
The voice of prayer is never silent,  
Nor dies the strain of praise away.

The sun that bids us rest is waking  
Our brethren 'neath the western sky,  
And hour by hour fresh lips are making  
Thy wondrous doings heard on high.

## Psalm 15 (16)

### The Lord, my inheritance

*My body shall rest in safety.*

Preserve me, God, I take refuge in you.  
I say to the Lord: 'You are my God.  
My happiness lies in you alone.'

He has put into my heart a marvellous  
love  
for the faithful ones who dwell in his  
land.

Those who choose other gods increase  
their sorrows.

Never will I offer their offerings of blood.  
Never will I take their name upon my lips.

O Lord, it is you who are my portion and  
cup;  
it is you yourself who are my prize.  
The lot marked out for me is my delight:  
welcome indeed the heritage that falls to  
me!

I will bless the Lord who gives me  
counsel,  
who even at night directs my heart.  
I keep the Lord ever in my sight:  
since he is at my right hand, I shall stand  
firm.

And so my heart rejoices, my soul is glad;  
even my body shall rest in safety.  
For you will not leave my soul among the  
dead,  
nor let your beloved know decay.

You will show me the path of life,  
the fullness of joy in your presence,  
at your right-hand happiness for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*My body shall rest in safety.*

## Short Reading

### 1 Thessalonians 5:23

May the God who gives us peace make you  
completely his, and keep your whole being,  
spirit, soul, and body, free from all fault, at  
the coming of our Lord Jesus Christ.

## Short Responsory

Into your hands, Lord, I commend my spirit.

**– Into your hands, Lord, I commend my spirit.**

You have redeemed us, Lord God of truth.

**– Into your hands, Lord, I commend my spirit.**

Glory be to the Father and to the Son and to the Holy Spirit.

**– Into your hands, Lord, I commend my spirit.**

## Canticle

### Nunc Dimittis

**Christ is the light of the nations and the glory of Israel**

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.*

At last, all-powerful Master, †  
you give leave to your servant  
to go in peace, according to your  
promise.

For my eyes have seen your salvation  
which you have prepared for all  
nations,  
the light to enlighten the Gentiles  
and give glory to Israel, your people.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.*

## Let us pray.

Lord our God,  
restore us again by the repose of sleep  
after the fatigue of our daily work,  
so that, continually renewed by your help,  
we may serve you in body and soul.  
Through Christ our Lord,  
**Amen.**

The Lord grant us a quiet night and a perfect end.

**Amen.**

## Marian Anthem

As I kneel before you,  
As I bow my head in prayer,  
Take this day, make it yours  
and fill me with your love.

Refrain:

Ave Maria,  
Gratia plena,  
Dominus tecum,  
Benedicta tu.

All I have I give you,  
Every dream and wish are yours,  
Mother of Christ,  
Mother of mine, present them to my Lord.  
(Repeat Refrain)

As I kneel before you,  
And I see your smiling face  
Ev'ry thought, ev'ry word  
Is lost in your embrace.  
(Repeat Refrain)